



SUFLAVE Dosing Regimen

SUFLAVE is a split-dose (2-day) regimen. A total of 2 bottles are required for complete preparation for colonoscopy. You will take 2 bottles of liquid in two separate doses. One dose of SUFLAVE is equal to one bottle plus one flavor enhancing packet.

Bottles and packets not shown actual size.

Day 1, Dose 1: Early in the Evening Before Your Colonoscopy

Start Dose 1 at **6 PM.**

- STEP 1** Open 1 flavor enhancing packet and pour the contents into 1 bottle.
- STEP 2** Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved). For best taste, refrigerate the solution for an hour before drinking. Do not freeze. Use within 24 hours.
- STEP 3** Drink 8 ounces of solution every 15 minutes until the bottle is empty.
- STEP 4** Drink an additional 16 ounces of water during the evening.

IMPORTANT: If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.



Bottles and packets not shown actual size.

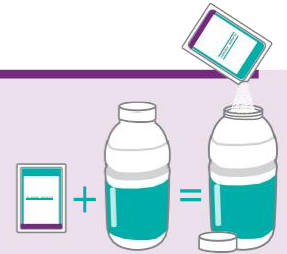
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Day 2, Dose 2: The Morning of the Colonoscopy (4 hours prior to procedure arrival time)

Start Dose 2 at _____ AM.

- STEP 1** Repeat Step 1 to Step 3 from Day 1, Dose 1.
- STEP 2** Drink an additional 16 ounces of water during the morning.

IMPORTANT: Continue to consume only clear liquids until colonoscopy. Stop drinking liquids at least 2 hours prior to colonoscopy arrival time.



Bottles and packets not shown actual size.

Stop drinking liquids at least 2 hours prior to arrival time.

See AdventHealth Colonoscopy Prep Instruction for more details.

