

Free Fatty Liver Disease Webinar Series

Find answers about NAFLD and how to take control of your health.

Join the AdventHealth fatty liver disease clinical team for a four-part educational series designed to promote education and understanding of this diagnosis.

Part 1: Understanding Nonalcoholic Fatty Liver Disease (NAFLD) and Nonalcoholic Steatohepatitis (NASH)

This webinar will explore the foundations of nonalcoholic fatty liver disease and answer common questions such as: What is fatty liver disease and how is it diagnosed and treated? Should I be concerned by my diagnosis? How can my partnership with my health care provider improve my liver health?

Part 2: How Do I Make Changes Now to Avoid Long Lasting Consequences?

This webinar will explore a step-by-step approach to overcome nonalcoholic fatty liver disease. It will also outline tangible and realistic goals to optimize liver health.

Part 3: Dietary Approaches to Managing Nonalcoholic Fatty Liver Disease (NAFLD)

This webinar will discuss dietary management of nonalcoholic fatty liver disease. The pros and cons of dietary recommendations will be explored to aid in the decision of which dietary choice is best suited for each patient.

Part 4: Fatty Liver Disease: A Risk for Advanced Liver Disease

This webinar will discuss risk factors of untreated nonalcoholic fatty liver disease. It will also explore warning signs and symptoms of advanced liver disease.

For more information, call 407-599-6460.



Scan the QR
code to watch
the video series.

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